

Therapy Grant – Guidelines

The Therapy Grant provides financial assistance towards the cost of therapy for children with a diagnosis or condition who are not eligible for NDIS funding. The grant is up to the value of \$2,000 over a 12-month period.

When are applications open?

The Therapy Grant is open all year round for applications. It can take up to 8 weeks to receive an outcome.

Is my child eligible?

- Aged 0 – 18 years
- Lives in NSW or ACT, including non-citizens, temporary visa holders and refugees
- Has a confirmed diagnosis or suspected of having a condition
- Household income below \$80,000 (gross) per year
- Not eligible for NDIS
- Has not applied for a Therapy Grant within the last 12 months
- Has not previously been approved for a Therapy Grant

What we can support:

- Physiotherapy
- Occupational Therapy
- Speech Therapy
- Hydrotherapy
- Psychology
- Exercise Physiology
- Mental Health Social Worker

What we cannot support:

- Appointments with a Paediatrician or other medical professional
- Assessments or report writing by allied health professionals
- Retrospective funding – we are only able to fund support provided after your application is approved.

How do I apply?

1. Click the “Apply Now” button to access the application portal or [click here](#)
2. Create an account or log in and complete the online application form.
3. Upload all required supporting documents (refer to the quick checklist below)
4. Submit your application for review.
5. Applications will be reviewed by the Kids Support Team to ensure they meet grant eligibility.

To ensure that the application is processed efficiently, having all requested documents included will help us get your application reviewed without delays.





What do I need to apply?

What you'll need (quick checklist):

- ✓ Letter from GP/ Paediatrician
- ✓ Evidence of household income
- ✓ Communication from the NDIS (if applicable)
- ✓ Additional Information or reports (*optional*)

1. Letter from GP/Paediatrician

- Dated within 3 months
- States the Child's diagnosis or condition
- Referral to the requested therapy

2. Evidence of Household Income

Gross income below \$80,000 per annum - this is before tax and other deductions

- Employed (full-time, part-time, or casual):
 - Provide your two most recent payslips **and**
 - Centerlink Income Statement *if applicable*.
- Unemployed:
 - 3 months recent bank statement **and**
 - Centerlink Income Statement *if applicable*

Note: If parents are separated and one is still contributing to the Child's needs (but living outside the household), financial information for both parents is required.

To access Centerlink Income Statement ([example](#)) from Centerlink please follow the below link: <https://www.servicesaustralia.gov.au/centrelink-online-account-help-request-document>

3. Communication from NDIS

If you have applied for NDIS, please upload your most recent communication.

4. Additional Support Information or Reports (*Optional*)

We encourage applications to provide us with any recent reports (within 12 months) written by allied health professionals, schools etc. This will allow us to better understand the needs of the Child.





What if I need help with my application?

We encourage you to seek assistance from a support person such as a health professional, case worker, teacher, therapist, family member or friend.

Decision

Our Kids Support Team will review the application and documents submitted to ensure they meet the eligibility criteria.

If your application is eligible it will be carefully reviewed by our Grants Committee. Following this process, applicants will receive an outcome via email, sent to the primary contact listed in the application.

How to access funds after approval

If your grant is approved, we will provide you instructions on how to submit a payment request. These requests are submitted through our online portal. We are unable to accept payment requests through email.

Variety prefers to pay suppliers directly, however reimbursements are available in some circumstances.

It is the family's responsibility to manage the spending of grant funds and ensure that invoices and receipts meet requirements to be processed.

If you require further information, please don't hesitate to contact the Kids Support Team at kidssupport@variety NSW.org.au

