



2 – 7 November 2025

[variety.org.au/postiebikedash](https://variety.org.au/postiebikedash)



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## Our Vision

For all Australian children to reach their full potential, regardless of ability or background.



## Our Mission

To empower Australian children who are sick, experiencing disadvantage or living with a disability to live, laugh and learn.

"The Postie Dash is a week that me, my Dad, and my brother look forward to every year. The trails we take and friendship between the Dashers is already enough to keep us coming back, and seeing the excitement on the kids faces when we pull up to a small country school is just icing on the cake."

**Sam Davidson**  
3 time Variety  
Postie Bike Dasher

## WHAT IS THE POSTIE BIKE DASH?

Our 12th annual Variety Postie Bike Dash will kick off in November with over 100 riders embarking on a six-day charity ride through the NSW mid north coast, alternating between days spent inland on forest trails and mountain tracks, and overnights in beautiful coastal towns. Experience the National Motorcycle Museum in Nabyac, enjoy Melbourne Cup celebrations in Coffs Harbour, and visit the Skywalk with amazing valley views within the Dorrigo National Park.

The event goes off the beaten track, travelling through the bush and countryside, stopping in at remote & rural towns for meals and entertainment along the way.

To enter this event, our Postie Bike Dashers need to raise a minimum \$2,500 for Variety – the Children's Charity NSW/ACT, although they usually strive for much more! After all, the only winner is the one who raises the most for kids.

Our riders need a roadworthy, registered Honda CT110 or Honda NBC110 motorcycle, including the presentation of the rear rack, mudguards and engine crash plate. They'll also need to be able to cover their provisions fee which includes things like meals and merch.

Our Postie Bike Dashers are supported along the way with medical, mechanical, and logistic teams who volunteer their time to support our riders.



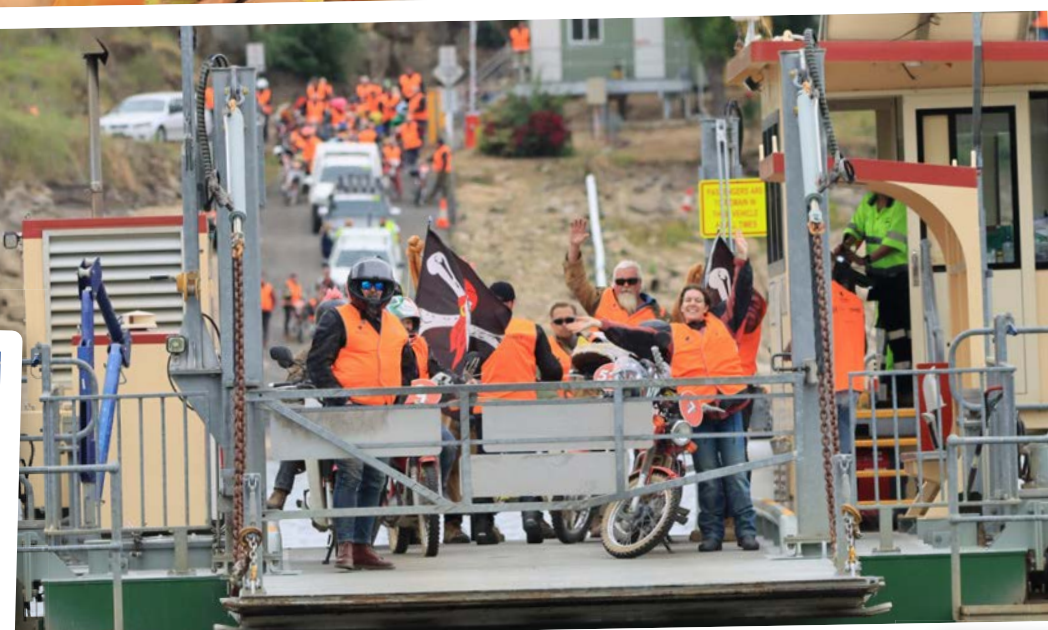




THANKS TO  
YOUR SUPPORT  
IN 2023/24, WE  
IMPACTED:

58,364

children across NSW/ACT



172,411

children across Australia

## YOUR SUPPORT CAN HELP KIDS LIKE THEODORE

Funds raised by the Variety Postie Bike Dash will support kids like Theodore from remote Western NSW. Theodore is bright, curious and full of potential. But for years, mum Renee knew something wasn't right. He was struggling with school and his development, but they couldn't get the help they needed. The nearest paediatrician was four hours away in Dubbo, and the waitlist was over two years long. Without a diagnosis, Theodore couldn't access learning support, therapy or vital financial assistance from the NDIS.

That changed because of Variety's Flying Start Paediatric Program which, through our partnership with local organisations, brings specialist paediatricians to outback towns. These free clinics provide life-changing assessments and care to children in rural and remote communities. Thanks to Flying Start, Theodore was finally seen by a paediatrician. He received a diagnosis, a care plan, and support that changed everything. His school developed a tailored learning program, he began therapy and Renee finally had the answers and hope she'd been searching for.

Your help to continue our fundraising will ensure kids who normally miss out, can always join in.







"This was seriously one of the best things I have done. I have a special needs child, which consumes a lot of our focus, but to be involved in extending that outside our family was a very rewarding experience. As a first timer, I enjoyed the camaraderie from new friends, the support provided was excellent and I cannot wait to bring some new riders along with me to share this great experience."

**Mark Veal**  
1 time Variety Postie Bike Dasher

## FOR MORE INFORMATION

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